

*New Beginnings Behavioral Counseling, LLC*

9456 South Main Street Suite E-2

Jonesboro, Georgia 30236

(229)726-6130 (Cell)

(678) 759-8029 (fax)

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**CLIENT INFORMATION FORM**

*\*This Form is Confidential\**

Today's date: \_\_\_\_\_

Your name: \_\_\_\_\_

Last First Middle Initial

Date of birth: \_\_\_\_\_ Social Security #: \_\_\_\_\_

Home street address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_

Name of Employer: \_\_\_\_\_

Address of Employer: \_\_\_\_\_

Work Phone: \_\_\_\_\_

Cell Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Calls will be discreet, but please indicate any restrictions: \_\_\_\_\_

\_\_\_\_\_

**Referred by:** \_\_\_\_\_

May I have your permission to thank this person for the referral?

Yes  No

If referred by another clinician, would you like for us to communicate with one another?

Yes  No

**Insurance Information (if applicable)**

Policyholder's Name: \_\_\_\_\_

Policyholder's SSN: \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ Policyholder's DOB: \_\_\_/\_\_\_/\_\_\_

Relationship to Client: \_\_\_\_\_

Primary Insurance Carrier: \_\_\_\_\_

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Secondary Insurance Carrier: \_\_\_\_\_

Phone #: \_\_\_\_\_

Member #: \_\_\_\_\_ Group #: \_\_\_\_\_

Person(s) to notify in case of any emergency: \_\_\_\_\_

**Name Phone**

I will only contact this person if I believe it is a life or death emergency. Please provide your signature to indicate that I may do so: (Your Signature): \_\_\_\_\_

**Please briefly describe your presenting concern(s):** \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

**What are your goals for therapy?** \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

**How long do you expect to be in therapy in order to accomplish these goals (or at least feel like you have the tools to accomplish them on your own)?** \_\_\_\_\_

**MEDICAL HISTORY:**

Please explain any significant medical problems, symptoms, or illnesses: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

**Current Medications:**

Current Medications (if you need more room, please write on the back of this page):

Name of Medication	Dosage	Purpose	Prescribing Doctor

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Previous medical hospitalizations (Approximate dates and reasons):

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Previous psychiatric hospitalizations (Approximate dates and reasons):

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Has your child ever talked with a psychiatrist, psychologist, or other mental health professional? (If yes, please

list approximate dates and reasons):

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Height \_\_\_\_\_ Weight (if applicable) \_\_\_\_\_ Age \_\_\_\_\_ Gender \_\_\_\_\_

Sexual & Gender Identity:  Heterosexual  Lesbian  Gay  Bisexual  Transgender

Asexual  In Question  Other

**Racial/Ethnic Identity:**

African/African-American/Black  Latino/Latino-American  Bi-Racial/Multi-Racial

American Indian/Alaska Native  Middle Eastern/Middle Eastern-American

Asian/Asian-American/Asian Pacific Islander  White/European-American  Not listed

**FAMILY:**

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How would you describe your relationship with your mother? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

How would you describe your relationship with your father? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Are your parents still married? \_\_\_\_\_ If they divorced, how old were you when they separated or divorced, and how did this impact you? \_\_\_\_\_

Were there any other primary care givers who you had a significant relationship with? If so, please describe how this person may have impacted your life: \_\_\_\_\_

\_\_\_\_\_

How many sisters do you have? \_\_\_\_\_ Ages? \_\_\_\_\_

How many brothers do you have? \_\_\_\_\_ Ages? \_\_\_\_\_

How would you describe your relationships with your siblings? \_\_\_\_\_

\_\_\_\_\_

**SOCIAL SUPPORT, SELF-CARE, & EDUCATION: POOR----- EXCELLENT**

Child's current level of satisfaction with friends and social support: 1 2 3 4 5 6 7

How would you describe your child's relationships with his/her peers?

\_\_\_\_\_

\_\_\_\_\_

**Please briefly describe any history of abuse, neglect and/or trauma:**

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

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**Please briefly describe your child’s self-care and coping skills:**

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**What are your child’s diet, weight, and exercise/activity patterns?**

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**Please briefly describe your child’s school performance and experience:**

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**What are your child’s hobbies, talents, and strengths?**

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***PLEASE CHECK ALL THAT APPLY & CIRCLE THE MAIN PROBLEM:***

DIFFICULTY WITH:	NOW	PAST	DIFFICULTY WITH:	NOW	PAST	DIFFICULTY WITH:	NOW	PAST
Anxiety			People in General			Nausea		
Depression			Parents			Abdominal Distress		
Mood Changes			Children			Fainting		
Anger or Temper			Marriage/Partnership			Dizziness		
Panic			Friend(s)			Diarrhea		
Fears			Co-Worker(s)			Shortness of Breath		
Irritability			Employer			Chest Pain		
Concentration			Finances			Lump in the Throat		

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Headaches			Legal Problems			Sweating		
Loss of Memory			Sexual Concerns			Heart Palpitations		
Excessive Worry			History of Child Abuse			Muscle Tension		
Feeling Manic			History of Sexual Abuse			Pain in joints		
Trusting Others			Domestic Violence			Allergies		
Communicating with Others			Thoughts of Hurting Someone Else			Often Make Careless Mistakes		
Drugs			Hurting Self			Fidget Frequently		
Alcohol			Thoughts of Suicide			Speak Without Thinking		
Caffeine			Sleeping Too Much			Waiting Your Turn		
Frequent Vomiting			Sleeping Too Little			Completing Tasks		
Eating Problems			Getting to Sleep			Paying Attention		
Severe Weight Gain			Waking Too Early			Easily Distracted by Noises		
Severe Weight Loss			Nightmares			Hyperactivity		
Blackouts			Head Injury			Chills or Hot Flashes		

### ***FAMILY HISTORY OF (Check all that apply):***

Drug/Alcohol Problems		Physical Abuse		Depression	
Legal Trouble		Sexual Abuse		Anxiety	
Domestic Violence		Hyperactivity		Psychiatric Hospitalization	
Suicide		Learning Disabilities		"Nervous Breakdown"	